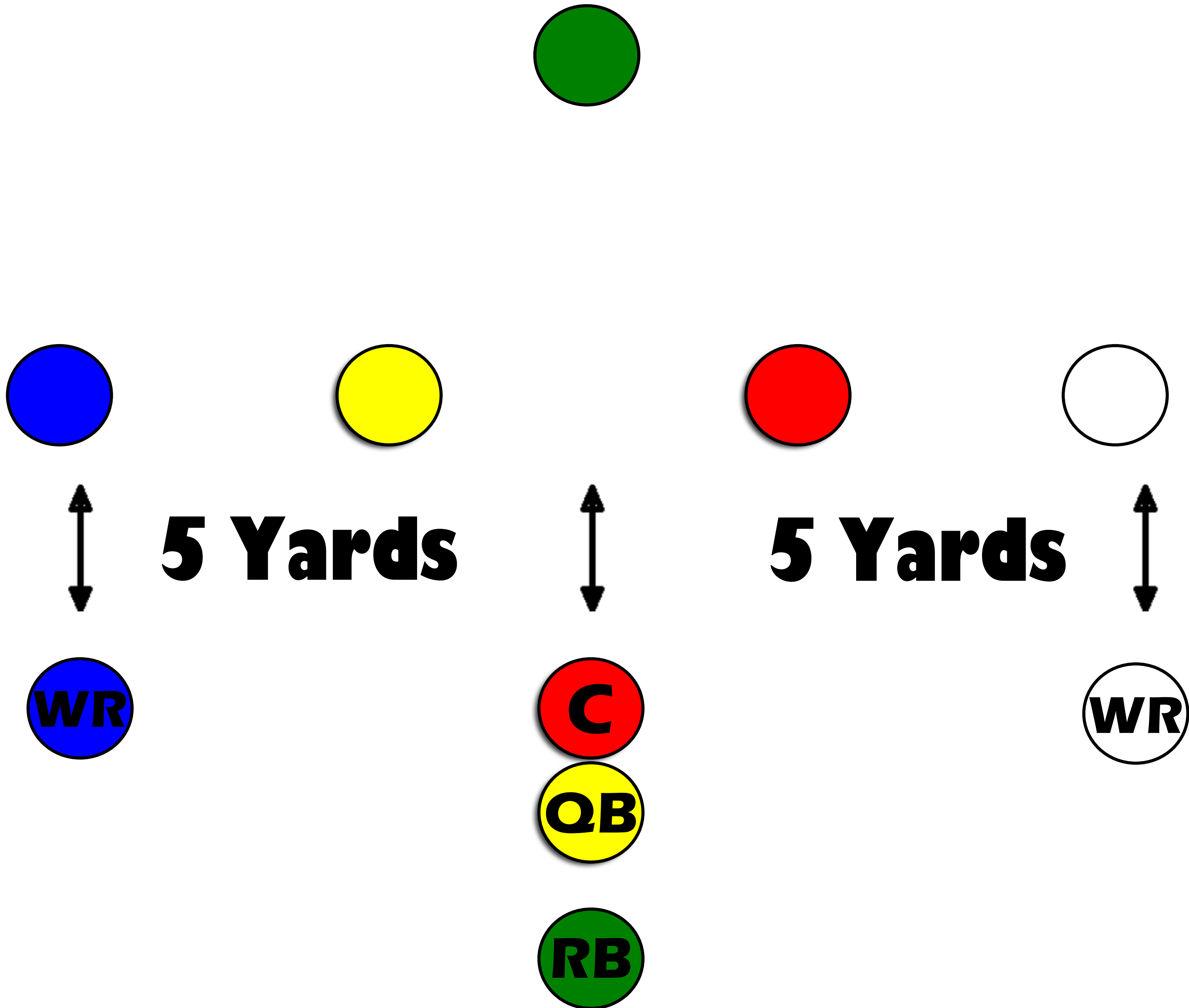


Offense & Defense Alignment



IN THE EVENT YOU ARE ASKED TO SET UP THE CONES, THEY ARE PLACED AND ALIGNED AS MUCH. THEY SHOULD BE PLACED 5 YARDS APART TO GIVE THE RUNNER SOME SPACE AND TIME TO RUN BEFORE THE DEFENDERS REACTS. ON DEFENSE, BEFORE THE SNAP, PLEASE REPEATEDLY REMIND THE PLAYERS TO MAKE SURE THEY DON'T GO AFTER THE BALL CARRIER UNTIL AFTER THE RB RECEIVES THE HANDOFF.