



TINY TYKES RULES



The “Tiny Tykes” is an INSTRUCTIONAL division where kids will learn the basics of football. They will be taught the fundamentals of the game.

- *Offensive and Defensive Positions
- *How to hand off and take a hand off
- *Which way to run with the ball ☺
- *Learn Discipline! How to stay “on sides” on defense
- *Learn how to run after the ball carrier and pull the flag
- * Teamwork
- *Sportsmanship

AND TO KEEP IF FUN, FUN, FUN!!!

Basic Rules of the Game

REPITITION, REPITITION, REPITITION

- We want to teach the kids the 3 basic offensive positions. Center, QB and Running Back. Managers will teach the kids how to snap the ball to the QB and the QB to hand off the ball to the running back. All players rotate at each position to get a chance to learn their jobs.
- Our volunteers are called managers because that is what we ask you to do, **MANAGE!** You don’t call plays in the huddle, there are no schemes or strategies. No motions, shifts or multiple formations. It is the simplest form of flag football.
- Managers will ref/monitor game play.
- Game play is 5 on 5
- Field size is roughly 32 x 25 (half of the field)
- Offensive LOS will be set with cones and will run towards the endzone (for the TD).
- Managers, it is **SO IMPORTANT** before the snap that you **REPEATEDLY** encourage/remind all the offensive players not running the ball (QB, Center, both WR’s) to NOT go after their own teammate to pull their flag.
- Coincidentally, it is just as **IMPORTANT** that the defensive manage to **REPEATEDLY** encourage/remind all the defensive players to NOT go after the ball carrier until he or she has received the Handoff.
- Defensive LOS will be 5 yards away from the Offensive LOS
- **NEW FORMAT MOVING FORWARD. Each player on offensive will run the ball once before the offensive team switches over to defense. However, defensive players can and should be substituted at any time and as often as you like to keep them fresh and engaged.**
- Score will not be kept in this division, each kid should have the opportunity to run the ball at least twice.
- Games should last about an hour total